

BROWARD BRIEFINGS

SUBSTANCE ABUSE INFORMATION FOR ACTION

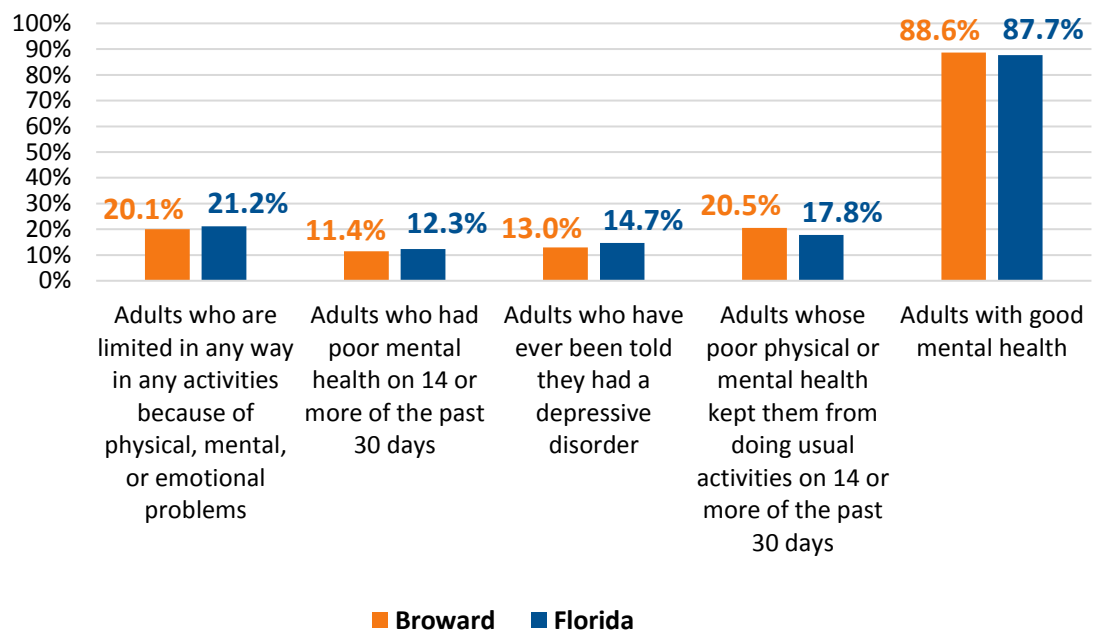


December 2022

Adult Mental and Behavioral Health in Broward County

The Florida Department of Health's Community Health Assessment Resources Tool Set (CHARTS) shows data related to mental and behavioral health in Broward County. The 2020 data show hospitalizations rates per 100,000 for drug and alcohol-induced disorders (161.4 Broward; 166.9 Florida), mood and depressive disorders (487.6 Broward; 430.3 Florida), schizophrenic disorders (385.2 Broward; 235.7 Florida), eating disorders (8.2 Broward; 11.5 Florida), and mental disorders (1,070.6 Broward; 928.4 Florida). Trends indicate that except for eating disorders, all hospitalization rates were lower than in the prior year. In addition, compared to the state as a whole, Broward County reported lower hospitalization rates for all mental and behavioral disorders except for drug and alcohol-induced disorders and eating disorders.

The CHARTS data also show self-reports of mental health among residents in Florida and Broward County. As seen in the chart, 20% of Broward and 21% of Florida adults noted that their activities are limited because of physical, mental, or emotional problems. Having poor mental health for at least 14 of the past 30 days was reported by about 11% of Broward and 12% of Florida Adults. Nearly 15% of adults in Florida reported a prior depressive disorder diagnosis, compared with 13% of Broward adults. More than 20% of those in Broward County reported that their poor physical or mental health kept them from doing their usual activities on 14 or more of the past 30 days, compared with about 18% of those in Florida. Reports of good mental health were relatively high, including almost 89% of adults in Broward and 88% of adults in Florida.



Source: Florida Department of Health, <https://www.flhealthcharts.gov/Charts/default.aspx>

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