



United Way of Broward County
presents

The Prevention Series

QPR Training for Suicide Prevention

Presented by: Melanie Gnaizda-Gilson

QPR stands for Question, Persuade, and Refer — the 3 simple steps anyone can learn to help save a life from suicide. Just as people trained in CPR and the Heimlich Maneuver help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help. In this training, attendees will learn about the known warning signs of a suicide crisis: expressions of hopelessness, depression, giving away prized possessions, talking of suicide, securing lethal means, and then taught how to respond.

THURSDAY, FEBRUARY 8, 2024 | 1PM – 3PM

Learn More!

[Click here](https://www.UnitedWayBroward.org/trainings) to visit [UnitedWayBroward.org/trainings](https://www.UnitedWayBroward.org/trainings)

For questions or more information, please contact
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